

**Rachel Stephen-Smith MLA**

Minister for Health

Minister for Mental Health

Minister for Finance

Minister for the Public Service

Member for Kurrajong

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**RESPONSE TO QUESTION ON NOTICE****Questions on Notice Paper No 6****9 MAY 2025****Question No. 370****MS CHIAKA BARRY MLA:** To ask the Minister for Health

- 1) How many patients have been admitted to the Eating Disorders Residential Treatment Centre (EDRTC) since the centre opened, broken down by month.
- 2) What is the current wait time for admission to the EDRTC.
- 3) How many people are currently on the waiting list for admission to the EDRTC.
- 4) How many staff are employed at the EDRTC.
- 5) What is the total annual budget to operate the EDRTC.
- 6) Can the Minister provide the objectives, outcomes and performance measures that apply to the EDRTC.
- 7) Can the Minister provide details of any evaluation of the EDRTC model, if no evaluation has been conducted, what evaluation strategy is in place.



**MS STEPHEN-SMITH MLA** - The answer to the Member's question is as follows:

- 1) 28 participants have been admitted to the Eating Disorder Residential Treatment Centre (EDRTC) since it opened on 26 August 2024. A breakdown of admissions to the EDRTC by month is shown in the table below.

September 2024	October 2024	November 2024	December 2024	January 2025	February 2025	March 2025	April 2025	May 2025 (1 to 21 May)
8	4	0	2	4	2	4	4	2

- 2) There is currently no waitlist for the EDRTC. When a participant is referred to the EDRTC, participants will undergo a pre-admission assessment to ensure they meet the medical and psychological admission criteria. Once this is complete, the admission will proceed accordingly.
- 3) Refer to question 2.
- 4) The EDRTC has a total budgeted Full-Time Equivalent (FTE) of 30.4. This includes registered nurses, enrolled nurses, administrative/clerical staff, health professionals, psychologists, allied health assistants, medical officers, pathology staff and infrastructure and health support services.
- 5) EDRTC's total budget for 2024-25 is \$5.17 million.
- 6) EDRTC have a set of key objectives, outcome and performance measures to assist in the monitoring of service progress and ensure success. These include:

**Key objectives:**

- For participants to establish a long-term healthy relationship with food and nutrition.
- Facilitation of psychosocial recovery goals of participants through specialist, intensive and therapeutic interventions.
- Support gains for participants, families and carers when they transition back to their own homes.

**Key outcome measures:**

Includes a range of clinician, participant and carer rated measures including:

- Body Mass Index
- Health Questionnaire
- Eating Disorder-15
- Eating Disorder Examination Questionnaire
- Body Image Acceptance and Action Questionnaire
- Patient Health Questionnaire

- General Anxiety Disorder Screener
- Clinical Impairment Assessment
- Your Experience of Service Survey
- Carer Experience Survey

The above key outcomes measures are measured at various times through a participants EDRTC journey including, admission, during and after treatment.

**Key performance measures:**

Key Performance Indicator (KPI)	Target
<b>Centre occupancy</b> – percentage of inpatient beds occupied	80 per cent
<b>Average length of stay</b> – calculated for discharged participants	No set target as dependent on individual need
<b>Care plan</b> – percentage of participants with a care plan completed	65 per cent
<b>Readmission rate</b> – readmission to inpatient care within 28 days	10 per cent
<b>Admission assessment</b> – percentage of participants who have undergone physical examination within 24 hours of admission – conducted by a medical officer	100 per cent

- 7) Since opening in August 2024, the EDRTC's Model of Care (MoC) and operational procedure have been reviewed every three months. Interim amendments have been made to the MoC and operational procedure, pending formal review commencing in August 2025, being one year since the opening. An evaluation plan is currently being drafted in collaboration with the Service and Transformation (S&T) project team and EDRTC senior leadership team.

The review will focus on the implementation of the MoC, service delivery, processes, systems, operations, resources, workforce, compliance and governance and adherence to clinical standards, policies and procedures.

Broader outcome-based measures such as patient recovery rates or community-level impacts are out of scope mainly due to the limited operation time of the facility. Changes to the MoC, operational procedure and participant handbook will be informed by the review and are subject to consultation and feedback processes prior to endorsement.

**Approved for circulation to the Member and incorporation into Hansard.**



**Rachel Stephen-Smith MLA**  
**Minister for Health**

Date: 9/6/25

This response required 2hrs 25mins to complete, at an approximate cost of \$200.26.