

Mick Gentleman MLA

Manager of Government Business

Minister for Planning and Land Management

Minister for Police and Emergency Services

Minister for Corrections

Minister for Industrial Relations and Workplace Safety

Member for Brindabella

RESPONSE TO QUESTION ON NOTICE**Questions on Notice Paper No 26****Friday 10 February 2023****Question No. 1044**

MR BRADDOCK: To ask the Minister for Police and Emergency Services —

- (1) What is the current status of implementation of the Fitness Leaders Program.
- (2) How many firefighter-trained fitness leaders are in position.
- (3) When did the first firefighter-trained fitness leader commence in that role.
- (4) How many stations have firefighter-trained fitness leaders.
- (5) How many stations don't have firefighter-trained fitness leaders.
- (6) What proportion of rosters have firefighter-trained fitness leaders.
- (7) How many fitness evaluations or training sessions been undertaken under this program to date.
- (8) Did the Commissioner, ACT Emergency Services Agency, state at the public hearing of the Select Committee on Estimates 2022-2023 on 1 September 2022 that "we are now rolling out our fitness leaders program, which is seeing a number of firefighter-trained fitness leaders who are on each station during each rostered period"; if so, on what basis was that statement made.

MR GENTLEMAN MLA - The answer to the Member's question is as follows:

The Fitness Leaders Program is in place.

Currently, all Platoons except one have at least two fitness leaders. One Platoon has a single fitness leader. This will be rectified at the conclusion of the development course in March 2023. All stations have access to fitness leaders via audio-visual link.

Eleven fitness leaders were selected in July 2020 and in place soon after that.

Data on fitness evaluations and training sessions undertaken under this program is not collected as health and wellbeing initiatives are voluntary, non-punitive, and confidential.

A series of workshops were delivered for ACTF&R fitness leaders to provide an opportunity to ensure consistency between the fitness leader cohort when prescribing exercises as identified within the Service's fitness guide. These workshops were conducted over 1-2 days. More are planned.

Approved for circulation to the Member and incorporation into Hansard.



Mick Gentleman MLA
Minister for Police and Emergency Services

Date: 17/8/2028

This response required 5hrs 10mins to complete, at an approximate cost of \$486.64